

PASTOR'S THOUGHTS



I looked back at what I wrote for an article in May of 2021, I had written about my lawn, the need for water, dandelions, and getting what we need. The thing is that needs change. This past December we got a new puppy. Minka is a lovely mutt who has brought her own style to our family. Things were pretty touch and go for a while there. The adjustments to our schedules, the vigilance that a puppy requires, and learning a whole new personality. Things are going well with our expanded family, and she has become a welcome addition to the Forsgren household.

My yard on the other hand, more specifically, my back yard is feeling and showing the effects of having not one female dog but two female dogs, one of whom, being a puppy has to go outside much more often than the other one. I read my article from last year and remembered the grass under the shade of my tree, how it was thick, lush, deep green...healthy looking; and now, trampled down, a sickly brown-yellow color, without much hope until I find some time to work on it.

Again, needs change. Last year the ground was yearning for a deep drink to help the grass awake from its winter slumber. This year, this year its going to need more. I will have to block off sections at a time to keep the dogs off, work the soil, plant new seed, and feed it, keep it hydrated, and once the new shoots spring up, and are given some time to establish themselves, I'll move onto the next area.

What does all this have to do with you, or with our faith, or with the church? Maybe nothing, but I suspect that there is something there. Perhaps some reminder that things change. Take the church for instance, things look different than they did 3 years ago. There are operational pieces that have had to adapt to fewer volunteers, like ushers for example, we used to have four per service we are now down to two. Or did you know that Paula Moore sets up communion for every service we have? Things change and we adapt.

With you and faith, I want to address these together; because I believe they are both about self-care. The thing about self-care is that there is no one size-fits-all model of self-care. Each of us requires some different model, or type of self-care, but each of us, at some point, do require that we take care of ourselves. Remember mental health days? Self-care. Winding down at the end of the day? Self-care. Going for a walk? Self-care. It is so important to continuing to be a well-functioning individual.

My lawn needs something different than last year, and to be honest I do as well. And since we are all being honest here, I'm pretty sure that there are times you do too. Find what it is that you need and gift yourself with a little bit of taking care of yourself this Spring.

In Christ,
Pastor Dan Forsgren

TRINITY LUTHERAN CHURCH

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CHURCH COUNCIL MEETS ON THE THIRD TUESDAY OF THE MONTH.
****(MAY 24TH THIS MONTH)****

MUSIC MINISTRY
.....Rose Dempsey, Organist & Choir Director
.....Gerry Fairchild, Violin Accompanist
.....Terry Fairchild, Viola Accompanist

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TRINITY TIMES EDITORIAL POLICY
News and information must be received by the 20th of the month preceding the issue date.

Trinity Times is a continuation of the previous parish newsletter, TLC Heartbeat, published January 1993 - January 2019.

VIDEO / IN-PERSON WORSHIP

We continue to offer livestream of our in-person Sunday morning 9:00 AM worship service online through YouTube. Additionally, you may watch the recorded service at any time on our website, the [Video Worship Archive](#) page.

In-person worship with Holy Communion is available every Sunday at 9:00 AM in our Sanctuary.

In-person worship with Holy Communion is available every Wednesday night at 6:00 pm.

FAITH FORMATION

Men's Bible Study ►
Tuesdays 1:00 PM at TLC Meets weekly for reading and detailed, lively discussions. Our informal study is 1-1½ hours.

Men's Prayer Group and Bible Study ►
Saturdays 7:30 AM at TLC Meets weekly for one hour, with breakfast on the first Saturday of the month.

Sunday Morning Adult Faith Formation ►
Join us after worship on Sunday mornings at 10:15am downstairs for Bible study discussion. You are welcome to grab a couple of cookies and a cup of coffee from the atrium if you'd like!

Women's Circle meets on the third Tuesday of each month at noon with a potluck lunch followed by a scripture-based discussion. All women are welcome.

Please check our website for frequent updates, calendar information, faith resources, youth schedules, news and much more:
www.trinitylutherancda.org.

BITS & PIECES

- **TLC Love Day** meets weekly on Tuesdays at 9:00am for quilting, crafting, fellowship, and coffee.
- **Peggy Suenkel Memorial Service** at TLC on Saturday, May 7th at 10:00am.
- **The 3Cs Coeur d'Alers Present "A walk Down Memory Lane"**, a free choral concert at Trinity Lutheran Church on Tuesday, May 10th at 2:00pm and Friday, May 13th at 7:00pm. Donations accepted and all proceeds for 3Cs (Cancer, & Community Charities).
- **How Are Summer Camp and Cinnamon Rolls Connected?** Find out on Sunday, May 15th! Bob Baker, Executive Director of Lutherhaven Ministries, will be worshipping with us. During the service, a NOISY OFFERING (paper currency is accepted, too!) will happen so we can send kids to summer camp at Lutherhaven where memories are made, and lives are changed. Then, stay after service for fresh baked cinnamon rolls and fruit. It will be a full morning so put May 15th on your calendar!
- **TLC Congregational Election Meeting immediately following worship on Sunday, May 22nd.**
- **TLC Council will meet on Tuesday, May 24th at 4:30pm. This is 1 week later than usual.**
- **No TLC Singles Luncheon in May.**
- **TLC Garage Sale Fri./Sat., June 3 & 4.** Bring in those donations anytime up to that week!

WOMEN'S CIRCLE

Mark Your Calendars for Tuesday, May 17th at noon downstairs for a potluck lunch followed by a new series of scripture -based devotionals. All women are welcome and a copy of the discussion guide is available in the office.

DIRECTOR OF CHILDREN AND YOUTH MINISTRY POSITION

As you probably have heard Penny Weiss is retiring In August 2022. The search committee has begun the process to fill the Director of Children and Youth Ministry position. The link to the job posting on our website is: <https://www.trinitylutherancda.org/employment>. If you know of someone who may be interested, please share the link with them. Word of mouth can work wonders!

TLC Learning Center Lead Teacher Position

TLC Learning Center has a part-time position open. Lead Teacher in the Waddler Room, teaching children ages 1.5 to 2.5 yrs, 2 to 3 days per week, 8:30am to 5:30pm. Contact Nikki Betts at 208-664-0052 or send resume to directortlclc@gmail.com.



TLC YOUTH

- **Coffee Cup Faith Discussion** for Middle School & High School youth is on Sunday, May 1st at 10:30am.
- **NOISY OFFERING during worship** and **Cinnamon Rolls at coffee hour** to benefit Lutherhaven.
- **Kid's Club** on Wednesdays at 5:30pm. The last one will be on May 18th.
- **High School Youth** on Wednesdays at 7:30pm. The last one will be on May 18th.

TLC NEW MEMBER HIGHLIGHTS

Garrett & Shelby Apodaca and Their Sons, Alex & JJ

We are excited to welcome Garrett and Shelby Apodaca and their two sons, Alex (7) and JJ (3 ½) to Trinity Lutheran! This fun family joined TLC recently and we are so glad they did!

Both Garrett and Shelby hail from beautiful Albuquerque, New Mexico. Garrett served with the United States Marine Corps, receiving his discharge in 2010. A trained elementary school teacher, he currently enjoys spending bountiful “Dad Duty” time with his boys and busy wife. Shelby is an Obstetric Hospitalist at Kootenai Health since June of 2020. She works numerous 24-hour shifts in the Obstetric Emergency Room! (Blessedly, Shelby has 21 or 22 days off a month for extended fun times with her family!)

Shelby is a graduate of Arizona State University, attended medical school at the University of New Mexico and did her residency at Texas Tech in El Paso. Garrett attended the University of New Mexico after his time in the service of our country. The family moved to Spokane in 2017 and then over the border to Coeur d’Alene in February of 2020. Shelby’s parents still reside in New Mexico while Garrett’s parents are here in Coeur d’Alene! While in Spokane, the Apodaca’s attended St. Mark’s Lutheran Church, and got to worship with Pastor Kate LePard – a CDA High School graduate and former pastor at Calvary Lutheran in Post Falls!

The Apodaca family loves spending time skiing at Schweitzer in the winter and “on any body of water” in the summer – though Shelby admits they particularly love Hayden Lake for fishing and water fun. And, speaking of FUN, Alex has shared how much he likes coming to Trinity’s Kid’s Club on Wednesday nights! The Apodaca boys also love school – Alex attends Hayden Meadows Elementary in Hayden and JJ has his own at-home teachers offering their littlest fellow an engaging home curriculum.

Dann & Melinda Douglas

New members Dann and Melinda Douglas tied the knot at Trinity Lutheran Church 49 years ago! Dann’s mother was a longtime Lutheran, and through the years they have worshiped here and enjoyed getting to know many long-time members. It’s the people of Trinity who brought them back often – though they must travel from the Spokane side of the border to attend. “And we LOVE Pastor Dan!” says Melinda.

Dann and Melinda lived for years in the Greater Coeur d’Alene Area – both graduating from Coeur d’Alene High School, North Idaho College, and the University of Idaho. Eventually both were employed in Spokane so decided to move west. Trained as a Medical Technologist, Melinda worked for Deaconess

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TLC NEW MEMBER HIGHLIGHTS

Dan & Melinda Douglas (continued)

Hospital, and later the Spokane Regional Health District. Now retired, for the past 16 years, Dann worked as a Materials Lab Supervisor with the City of Spokane where he examined/certified underground materials and viability of road construction. He worked for 50 years on private and public work projects throughout the Inland Empire.

Currently the Douglas's enjoy their 5-acres near Mt. Spokane where their 3 dogs, 4 cats, 4 birds and 4 horses have plenty of room to roam! There is also lots of 'fun space' when family members come to visit! The Douglasses have two daughters and five grandchildren. Their youngest daughter and family live in Firth, Idaho (15 miles south of Idaho Falls) and their eldest daughter and family live in Hayden Lake. While Dann enjoys his garden and taking care of the animals, Melinda loves to sew. She owns a quilting machine and a computerized embroidery machine on which she creates custom quilts and gifts for family and others.

Welcome to Trinity, Dann and Melinda!

Georgianne Jessen

Education:

Diploma in Nursing, Bachelors in Business and Masters in Health Care Administration

Career:

My entire career was in health care. In my first position I worked as a RN in the Hillcrest Burn Unit, Tulsa, Oklahoma and Retired 30 years later as the CEO of Providence Health Care System, San Fernando Valley. Numerous positions in these two not for profit health systems.

Family:

Dr. Christopher Jessen and I married in 1996 adding his three adult children to my family. All three young adults live in Denver, Colorado. Chris retired in 2001, after 25 years of serving the Burbank, California Community as an orthopedic surgeon.

Idaho Life:

Chris and I moved to Post Falls as fulltime residents in 2002, we now live in Hayden. We enjoy family, friends, community and volunteering for a number of not-for-profit organizations.

My passion is service in the non-profit sector. In 2021 I served on the Boards for Hospice of North Idaho (HONI) and Kootenai Health Foundation (KHF) while continuing to volunteer at the Schneidmiller House front desk. I was awarded the 2021 Governor Cecil D. Andrus Idaho Volunteer of the Year, North Idaho.

Since moving to Idaho I have served on the Boards for Coeur d'Alene Summer Theatre, Orchard Ridge Senior Living, HONI and KHF. It has been a wonderful experience serving these organization, supporting their missions and working with great boards and staff. I enjoyed serving full terms on each of these Boards.

Church Experience:

I was raised Catholic. Married to Chris in the Episcopal Church and attended St. Luke's Episcopal Church until Covid hit. I led an outreach ministry during my time with St. Luke's. Friends, Jovanna Tanzey, Sue and Tom Thilo invited me to attend Trinity and I took them up on their offer. I feel at home so I have stayed, proof that reaching out to others touches their lives. Thank you Jovanna, Sue and Tom.

Welcome to Trinity, Georgianne!

SUNDAY WORSHIP ASSISTANTS SCHEDULE – MAY 2022

Thank you for your service!

If you are unable to serve on your scheduled date, kindly trade with someone else on the schedule when you have a conflict. Whenever possible, please contact the church office by Wednesday to inform Andrea of your change: 208-664-5743, or: office.trinitycda@gmail.com

9:00 AM	May 1 st	May 8 th	May 15 th	May 22 nd	May 29 th
Altar Care	Paula Moore	Paula Moore Pam Hunt	Paula Moore	Paula Moore Karen Cook	Paula Moore Pam Hunt
Assisting Minister	Pam Hunt	Aaron Cloyd	Dick Jurvelin	Janet Gruber	Aaron Cloyd
Reader	Dolores Johnson	Jill Dougherty	Barbara Everson	Kathy Benson	Doug Miller
Ushers	Paul Hunt Tad Johnson	Bob Ray Harold Fuchs	Bob Ray Gary Everson	Bob Ray Tad Johnson	Bob Ray Harold Fuchs
Communion Assistants	Paula Moore Dolores Johnson	Dick & Jill Jurvelin	Tom & Sue Thilo	Kathy Benson Dolores Johnson	Jill Jurvelin Janet Gruber
Acolytes	Frankie Drake	Nathaniel Cloyd	William Forsgren	Jeremiah Benson	Nathaniel Cloyd

Sanctuary Saints for May: Carol McCray & Darla Dillabough
(Stocks pew racks, fills oil in candles, etc. weekly for Sunday worship.)



CELEBRATIONS & PRAYERS



*Watch over your children,
O Lord, as their days increase; bless and guide
them wherever they may be. Strengthen,
comfort, and raise them up if they fall, and in
their hearts, may your peace, which passes all*

Penny Higgins	05/01
Phyllis Bacon	05/03
Rolaine Brunelle	05/04
Lester Hagen	05/04
Seth Hartley	05/04
Ray Kincheloe	05/04
Jovanna Tanzey	05/06
Barbara Childs	05/09
Laurel Branen	05/10
Frank Selzer	05/11
George Hamilton	05/12
Ashlynn Hartley	05/12
Donny Forsgren	05/14
Jessica Wilbanks	05/15
Helen Schmidt	05/16
Clarie Kuball	05/18
Kay Nelson	05/21
Jayce Peterson	05/22
Jerry Higgins	05/23
Sandi Dale	05/24
Katie Graupman	05/27
Muriel Schini	05/28
Darrell Frogness	05/30
Melinda Douglas	05/30



***Please Hold In Your Prayers for Healing, Comfort, Peace
(The † symbol denotes TLC members)***

*Susan Kirkpatrick † Mavis Fuchs † Delores Luttropp † Sally English
† Marion Keating † Lee Ray † Phyllis Bacon † Carol Price †
Dave Nordby † Ken & Darlene Amundson † Ray Kincheloe †
Carol MacLean † Donna Cedervall † Terry Fairchild †
Norm Vincent †
Wes Deitz (brother, Yvonne Deitz)
Micah Sharples (friend – Jill Jurvelin)
Janet Wilbanks (mother -Will Wilbanks)
Skip Keiflin (friend – Glenna Knepper)
Jan Johnson (friend – Glenna Knepper)
Roxie Hunt (friend of friend – Glenna Knepper)
Jonnie Dempsey (granddaughter – Rose Dempsey)
Tim Brunelle (son – Ron & Rolaine Brunelle)
Elleyna (great granddaughter – Wanda Andrews)
Claude Roberts (son-in-law – Harold & Mavis Fuchs)
Larry Bellender (brother – Pat Muchow)
Diane Kneller (friend – Kathy Benson)
Barbara Erwin (mother – Paul Erwin)
Gary Noyen (friend – Ray & Olivia Simmons)
Gary Price (son – Tom & Carol Price)
Lorne & Judy Bjornson (friends – Jay & Connie Gridley)
Karin Austin (friend – Teri Venera)
Kennedy Way (family friends's daughter- Kathy Benson)
Carol Hunter (grandmother – Alexander Hamilton)
Annette Kish (friend – Kathy Benson)
Becky Baeth (friend – Kathy Benson)*



Ron & Carol McCray	05/09/1964
Gary & Barbara Everson	05/12/1973
Gary & Sue Baker	05/27/1972



812 N. Fifth St.
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Worship Schedule

Wednesdays

Evening Worship 6:00 PM

Sundays

9:00 AM Worship Service

In-Person and

LIVESTREAM ON YOUTUBE

VIDEO WORSHIP ARCHIVE ON
OUR WEBSITE

www.trinitylutherancda.org

CELEBRATION RINGERS HANDBELL CONCERT at Trinity Lutheran Church Tuesday, May 31st at 7:00pm. This high school group is one of five handbell choirs at First Lutheran Church in Colorado Springs, CO. Their concert features a variety of handbell music from traditional hymn tunes to a South Australian sea shanty. In addition to the high school ringers, five alumni Celebration Ringers join the tour this year. They will play concerts in Montana, Idaho, Washington, Utah, and Colorado. Their director, Joan Kuehn, has been on staff at First Lutheran since 1988 and this will be her last tour with the Celebration Ringers. The concert is free and open to the public.



FAMILY PROMISE BENEFIT

Family Promise of N. I. Golf Classic, June 25, 2022, at the Links Golf Course, Post Falls - Learn more at www.familypromiseni.org. Saturday, June 25th check-in begins at 11:00am with a shotgun start at 1:00pm. Lunch will be provided by Pita Pit and an amazing catered dinner by Ekness Catering at 6:00pm We still need sponsors, golfers, and silent auction items. For more information, please reach out to Jonathan Green, tournament organizer, at 208-651-4612 or by email at apcar78@gmail.com.

