

## **PASTOR'S THOUGHTS**



I have always had an issue with needles. I cannot, try as I may, reach far enough back in my memories to find a particular event that must have left some unseen psychological scar that has bubbled to the surface each time I have needed a vaccination, a blood draw, an IV, or any other needle necessary procedure. I cannot explain it. Working with glass for many years in my previous career, I cannot count the times I cut myself, it never really bothered me, it was just something that needed to be taken care of, bandage up and get back to work.

But needles. The smell of a clinic or a hospital when I am a patient, raises my blood pressure, I can feel it. Cruel to take my blood pressure at a doctor's appointment when I know that 10 minutes earlier, and away from the clinic I would have had a lower reading. All this to let you know that this fear, however logically unfounded it may be is very real to me.

If I thought God worked this way, I would have said that he played a cruel trick, when five years ago I was diagnosed as a type II diabetic; though despite a predisposition to the disease, I know that in my earlier years I did myself no favors and set the groundwork for that diabetic reality I now live in.

I watched my father through his own journey as a diabetic, attempt to manage the disease with first diet and exercise, then oral medication, and finally needing to give himself insulin shots. I never wanted that for myself, I have dreaded the thought. I know there are millions of people who take insulin, I do not want to be one of them.

Diet, exercise, oral medications, these have become a part of my daily routine. The first time I had to stick my own finger to take a glucose reading, I sat at the table, looking at the lancet pen, unable to bring myself to even place it against the side of my finger. William helped me through that first experience, eating cereal on the other end of the table he looked at me and gave me a vote of confidence, "you can do it dad, it will be okay." He was what I needed to get through that first finger stick; I'm sure he doesn't know how much that meant to me; he was 8.

A month ago my doctor started me on a new medication, much to my chagrin it is an injectable, a once-a-week self-injected medication. That first dose took me about 30 minutes to get the nerve up to give myself, I hardly felt it. The next week, with that bit of knowledge and memory of not feeling it, it still took me 20 minutes to do. The week after that I just did it. Through all this, finger sticks were still one of the worst things to do to myself.

Then I received a continuous glucose monitor through a program with insurance, I was excited about getting readings without the need to stick my finger. I got the first monitor and looked at the wicked needle that is needed to apply the monitor. Oh the horror! I felt like I was in the outer darkness Jesus talks about, with all the weeping and gnashing of teeth...well the weeping anyway. I couldn't do it. No amount of encouragement could let my brain get past the process for applying that monitor. Sarah was what I needed. She waited with me patiently, for over 30 minutes, until I was ready, and then she applied it for me, I didn't feel a thing. I felt foolish for how I acted, or reacted, and even afterwards, deep in embarrassment, Sarah made me feel okay. She was what I needed.

*(Pastor's Thoughts continued on p. 4)*

**TRINITY LUTHERAN CHURCH**

812 N. 5th St.,  
Coeur d'Alene ID 83814

**OFFICE & CONTACT INFORMATION**

**PHONE**.....208-664-5743

**OFFICE EMAIL**  
.....office.trinitycda@gmail.com

**WEBSITE**  
.....[www.trinitylutherancda.org](http://www.trinitylutherancda.org)

**PASTOR**  
.....**Dan Forsgren**  
.....[pastordantlccda@gmail.com](mailto:pastordantlccda@gmail.com)  
.....Cell Phone Emergencies:  
.....507-298-0323

**ADMINISTRATIVE ASSISTANT**  
.....Andrea Werpy  
.....[office.trinitycda@gmail.com](mailto:office.trinitycda@gmail.com)

**DIRECTOR OF CHILDREN & YOUTH MINISTRY**  
.....Kimmie Roberts  
.....[kimmietlccda@gmail.com](mailto:kimmietlccda@gmail.com)

**FINANCIAL SECRETARY**  
.....Amy Westgarth

**TLC LEARNING CENTER DIRECTOR**  
.....Nikki Betts  
.....[directortlclc@gmail.com](mailto:directortlclc@gmail.com)

**CONGREGATIONAL PRESIDENT**  
.....Mike Grabenstein

**CHURCH COUNCIL MEETS ON THE THIRD TUESDAY OF THE MONTH.**

**MUSIC MINISTRY**  
.....Rose Dempsey, Organist & Choir Director  
.....Gerry Fairchild, Violin Accompanist  
.....Terry Fairchild, Viola Accompanist

**NEWSLETTER EDITOR**  
.....Andrea Werpy  
.....[office.trinitycda@gmail.com](mailto:office.trinitycda@gmail.com)

**WEBSITE**  
.....Annette Durkin  
.....[adurkin@charter.net](mailto:adurkin@charter.net)

**TRINITY TIMES EDITORIAL POLICY**  
News and information must be received by the 20th of the month preceding the issue date.

Trinity Times is a continuation of the previous parish newsletter, TLC Heartbeat, published January 1993 - January 2019.

**VIDEO / IN-PERSON WORSHIP**

**We continue to offer** livestreaming of our in-person Sunday morning 9:00 AM worship service online through YouTube. Additionally, you may watch the recorded service at any time on our website, the [Video Worship Archive](#) page.

**In-person worship** with Holy Communion is available every Sunday at 9:00 AM in our Sanctuary.

**In-person worship** with Holy Communion is available every Wednesday night at 6:00 pm.

**FAITH FORMATION**

**Men's Bible Study** ▶

*Tuesdays 1:00 PM at TLC* Meets weekly for reading and detailed, lively discussions. Our informal study is 1-1½ hours.

**Men's Prayer Group and Bible Study** ▶

*Saturdays 7:30 AM at TLC* Meets weekly for one hour, with breakfast on the first Saturday of the month.

**Sunday Morning Adult Faith Formation** ▶

Join us after worship on Sunday mornings at 10:15am downstairs for Bible study discussion. You are welcome to grab a couple of cookies and a cup of coffee from the atrium if you'd like!

**Women's Circle** meets on the third Tuesday of each month at noon with a potluck lunch followed by a scripture-based discussion. All women are welcome.

**Please check our website for frequent updates, calendar information, faith resources, youth schedules, news and much more:**  
[www.trinitylutherancda.org](http://www.trinitylutherancda.org).

## FROM THE DESK OF KIMMIE ROBERTS - DIRECTOR OF CHILDREN & YOUTH MINISTRY



I have a confession to make, I am a Millennial. I used to fight this term as it was thrown around with a negative connotation. I also only fall into this demographic by 5 years, that means it barely counts right? I think specifically I am known as an elder millennial- that makes me sound older and wiser at least.

There are quite a few generation classifications in our congregation. We have Generation Alpha ages curent-6, Generation Z ages 7-22, Millennials ages 23-38, Generation X ages 39-54, Boomers ages 55-73, and the Silent generation ages 74-91.

You may be asking why any of this matters and what does it have to do with our Trinity Lutheran engaging for young families. That means we have to figure out who/what makes up these young families. Well, young families today are made up of millennials, generation z and generation alpha. Just like the boomer generation and the generation before them each generation has targeted stereotypes that help and hinder them in terms of what can be done to reach them. As a congregation we have to lean into conversations about what Millennials are looking for as millennials are now the parents.

In a study done by Carey Nieuwof of Church growth they researched 200 millennials and asked what they were most interested in for a church. These are the top 5 responses with their explanations.

### **1. Millennials Think Character Matters Most**

Character will determine effectiveness in reaching Millennials far more than competency does. This is both good and bad news.

### **2. Budget Matters Less**

They are looking for integrity, authenticity and a deep sense of mission that can cost nothing financially. They want you to walk the walk if you talk the talk

### **3. Relationships Count to Millennials**

They want Your time. Your heart. And your attention. And a chance to actually connect with people and connect with their kids. Churches that elevate community will do better with Millennials than churches that don't. So prioritize chances to serve, connect, and grow together. A great small group strategy and serving strategy can help so much with this.

### **4. Don't be afraid to change the Model**

Churches that love their model more than the mission will die. Churches need to stay focused on the mission (leading people into a growing relationship with Jesus) and be exceptionally innovative in how it gets done model.

### **5. Leverage Your Skill Set**

It's not a license for irrelevance, laziness, or a justification for the status quo. Continue to do the best you can with what you have. Make the changes you feel called to make, regardless of your church size, budget, setting or denomination. Continue to make your ministry better, but still, work harder on your character than you do on your competency.

### **MORE.....**

- **Kids Club** is on Wednesdays each week from 5:30-7:30pm.
- **HELP NEEDED:** Adults (Parents, Grandparents, Aunts, Uncles....are needed to Set Up, Prepare the Food, & Clean-up the kitchen & atrium before & after Kids Club dinner on Wednesdays. There are many dates still available to sign up on the lists posted on the **PARTICIPATION PLACE bulletin board** in the atrium just outside of the church office.

## PASTOR'S THOUGHTS - continued

I think that we can find those instances in our lives where we find what we need, when God provides for us what we need in the persons of our family, our friends, or even strangers, in whomever our neighbor might be. On the other side of that, it means that we too have the opportunities to be what someone needs. Maybe it is easy when it is a family member or a close friend, but it doesn't stop there. God places us in situations all the time when we can offer support of some kind or other, support that might be just what someone needs in that moment.

Our task is to open our heart, our minds, and our eyes to see where those opportunities lie, they might not be what we would first think, but it might be what someone needs.

## BITS & PIECES

- **You Are All Invited** to grab a cup of coffee and head downstairs after worship on Sunday mornings for Adult Education. We are currently engaged in the Book of Ecclesiastes. If you missed last week, don't worry we don't give pop-quizzes, and are happy to recap what was talked about the previous week. I look forward to seeing you there!
- **TLC Love Day** meets weekly on Tuesdays at 9:00am for quilting, crafting, fellowship, and coffee.
- **TLC Singles Luncheon** will be every other month. The next one is on Thursday, November 17, 2022 at 11:30am.
- **TLC Council** will meet on Tuesday, October 18, 2022 at 4:30pm.
- **Women's Circle:** Mark your calendar for **Tuesday, October 18<sup>th</sup> at noon** for our potluck lunch and Bible study discussion. The series is "Jesus and nature: Teachers of Faith". This session uses Genesis, Matthew and Luke as a guide from the creation of the first human to the parable of the seeds, "to remind us of our kinship with soil, ... upon which we depend..." Copies are available in the office. All women are welcome.

**DID YOU KNOW** that your gifts and contributions helped pay for the liability insurance for the church this month - \$1,779.25.

## TLC LEARNING CENTER

**Urgent: TLC Learning Center Employment** – TLC Learning is struggling to locate qualified full-time Infant Room and part-time Toddler Room Teachers. We had to close the Infant room on June 1st. We hope to reopen the Infant room by Sept 1, 2022. Please help us get the word out regarding these openings. The posting can be found at <https://www.trinitylutheraneda.org/lc-staff>.

## ECUMENICAL FOOD KITCHEN

Trinity Lutheran hosted the Ecumenical Food Kitchen on Thursday, September 8<sup>th</sup>, at First Presbyterian. Every other month on the second Thursday of that month, Trinity cooks and serves the meal at the Food Kitchen. We are currently seeking a EFK Coordinator for TLC's crew. Participants are Gloria Hammon, Teri Gessner, Tad Johnson, Paul Hunt, Rebecca Priano and Jill Dougherty. To join the TLC EFK crew or for more information, contact Jill at 208-818-5465.

## COMMUNITY EVENTS

- **Lutherhaven Golden Agers' Day Out** will be October 11, 2022, 10:00am-2:00pm! There will be a great speaker coming, Dave Ellington. The online link to register for individuals paying separately from a group is <https://forms.gle/HpyXsh2ebkZ5iUqN7>.
- **Don't Miss This One!** Sons of Norway Wild Caught Baked Alaskan Salmon Dinner, Saturday, October 15, 2022, 4:30-6:00pm at **Trinity Lutheran Church**. \$15 per adult, \$7 per youth., 6 & under FREE, Family (parents & youth) \$40. The general public s welcome! Please invite your friends and make your reservations! Don't savor salmon? Make your reservation for baked chicken! We will also be serving baby red potatoes, vegetable medley, coleslaw, rolls, pie, coffee and lemonade. Call or Text 208-262-8020 for reservations by October 12, 2022.
- **Chorale Coeur d'Alene** is having its Fall Concert on Friday, Oct 21 at 7pm and Saturday, Oct 22 at 2pm at **Trinity Lutheran Church**. Concert title is "For the Beauty of the Earth." This 65-person chorale will be singing works that celebrate the beauty of Northern Idaho. Tickets can be purchased at [www.ChoraleCdA.com](http://www.ChoraleCdA.com).
- **Do You Have the Tools to Age Well?** – St. Luke's Episcopal Church & Trinity Lutheran Church invite you to attend this free workshop: **P.E.A.C.E (Professionals Easing Aging Concerns through Education), Saturday, November 12, 2022 9:00am-3:00pm (check-in 8:30am) at St. Luke's Episcopal Church, 501 E. Wallace Ave. CDA in Fellowship Hall.** • Goals & Tools for Aging Well • Differences between Independent Living, Assisted Living, Skilled Nursing, Home Care, Home Health Care & Hospice • Medicare information • Estate planning/Important legal documents • Pre-planning funeral instructions • Caregiver support • Spiritual support • Clergy addressing end of life matters.

LIGHT LUNCH PROVIDED / FREE WORKSHOP / WORKBOOK INCLUDED

This is for you, whether you are: • A caregiver for an elder • A senior looking for information • A middle aged person ready to plan for your future or a loved one's • A person who ministers to seniors.

Reservations are required: RSVP to (208) 664-8119 or email [hjohnson@theorchardcda.org](mailto:hjohnson@theorchardcda.org) to reserve your spot! Sponsored by: Orchard Ridge Senior Living, 624 W. Harrison Ave. CDA – [www.theorchardridge.org](http://www.theorchardridge.org) – (208) 664-8119.

## SUNDAY WORSHIP ASSISTANTS SCHEDULE – OCTOBER 2022

*Thank you for your service!*

If you are unable to serve on your scheduled date, kindly trade with someone else on the schedule when you have a conflict. Whenever possible, please contact the church office by Wednesday to inform Andrea of your change: 208-664-5743, or: [office.trinitycda@gmail.com](mailto:office.trinitycda@gmail.com).

9:00 AM	October 2 <sup>nd</sup>	October 9 <sup>th</sup>	October 16 <sup>th</sup>	October 23 <sup>rd</sup>	October 30 <sup>th</sup>
<b>Altar Care</b>	Paula Moore	Paula Moore Pam Hunt	Paula Moore	Paula Moore Karen Cook	Paula Moore Pam Hunt
<b>Assisting Minister</b>	Pam Hunt	Dick Jurvelin	Pam Hunt	Jerry Anderson	Jerry Anderson
<b>Reader</b>	Dolores Johnson	Anne Mackenzie	Sue Thilo	Jerry Anderson	Doug Miller
<b>Ushers</b>	Paul Hunt Tad Johnson	Harold Fuchs <b>HELP NEEDED</b>	Tad Johnson Paul Hunt	Tad Johnson Gary Everson	Harold Fuchs Lon Lorbecki
<b>Communion Assistants</b>	Paula Moore Dolores Johnson	Kathy Benson Dolores Johnson	Tom & Sue Thilo	Dick & Jill Jurvelin	Paula Moore Dolores Johnson
<b>Acolytes</b>	Frankie Drake	Jeremiah Benson	William Forsgren	Jeremiah Benson	William Forsgren

**Sanctuary Saints for October:** Margaret Fedje  
(Stocks pew racks, fills oil in candles, etc. weekly for Sunday worship.)



## CELEBRATIONS & PRAYERS



Glenn Nelson	10/01
Jack Riggs	10/01
Rachel Pottenger	10/02
Kimmie Roberts	10/02
Grant MacLean	10/04
Lucy Smith	10/08
Sam Smith	10/08
Frank Girardi	10/09
Hanna Venera	10/09
Sandy Johnson	10/11
Bob Ray	10/12
Bill Dougherty	10/20
Alex Kirkpatrick	10/22
Darlene Lenz	10/26
Dann Douglas	10/27
Frankie Drake	10/27
Annette Durkin	10/27
Carol McCray	10/27
Jennifer Drake	10/29
Sandy Patano	10/29
Jeff Weiss	10/30

*Watch over your children,  
O Lord, as their days increase; bless and guide  
them wherever they may be. Strengthen,  
comfort, and raise them up if they fall, and in  
their hearts, may your peace, which passes all*



***Please Hold In Your Prayers for Healing, Comfort, Peace  
( The † symbol denotes TLC members )***

- Susan Kirkpatrick † Mavis Fuchs † Delores Luttrupp † Sally English †*
- Marion Keating † Bob & Lee Ray † Phyllis Bacon † Carol Price †*
- Dave Nordby † Ken & Darlene Amundson † Ray Kincheloe †*
- Carol MacLean † Donna Cedervall † Terry Fairchild † Teri Venera †*
- Justin Graupman † Verna Henkel † Richard Cook †*
- Wes Deitz (brother, Yvonne Deitz)*
- Micah Sharples (friend – Jill Jurvelin)*
- Janet Wilbanks (mother -Will Wilbanks)*
- Jan Johnson (friend – Glenna Knepper)*
- Tim Brunelle (son – Ron & Rolaine Brunelle)*
- Diane Kneller (friend – Kathy Benson)*
- Annette Kish (friend – Kathy Benson)*
- Becky Baeth (friend – Kathy Benson)*
- Irwin Hammer (friend – Glenna Knepper)*
- Kyle Lenz (grandson – Darlene & Cliff Len)*
- Barbara Smalley (friend – Glenna Knepper)*
- Sharon Alexander*
- Robin Chisholm*
- Yurek Family*
- Family & Friends of Lyle Littrel (father – Krista Hartley)*



Bob & Muriel Schini	10/02/1965
Dave & Barb Childs	10/03/1987
Frank Girardi & Anne Mackenzie	10/05/1980
Paul & Pat Muchow	10/20/1973
Bob & Lee Ray	10/20/1973
Tom & Sue Thilo	10/22/1977



Lutheran Church ELCA  
812 N. Fifth St.  
Coeur d'Alene, ID 83814

## Worship Schedule

### Wednesdays

Evening Worship 6:00 PM

### Sundays

9:00 AM Worship Service

In-Person and

LIVESTREAM ON YOUTUBE

VIDEO WORSHIP ARCHIVE ON  
OUR WEBSITE

[www.trinitylutherancca.org](http://www.trinitylutherancca.org)



## HOLIDAY BAZAAR JUST AROUND THE CORNER

The Annual Holiday Bazaar will be on Saturday, November 5, 2022, 8:00am – 1:00pm.  
If you will be donating homemade jellies this year for the sale, you may price them yourself  
or the TLC Women's Group will price them as they deem appropriately.

